

# LETTING IT STEEP IN US

Week 1 Reflection Handout — Isaiah 9:2–7

A personal meditation for your week

Use this quiet time during the week to let the message settle in your spirit.

## ★ 1. Naming Your Darkness

“The people who walked in darkness...” (Isaiah 9:2)

Where do you feel the shadows in your own life right now?

Write what feels heavy, unclear, or weary.

Reflection:

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## ★ 2. Hearing God Speak Light

“...have seen a great light.” (Isaiah 9:2)

Where might God be whispering light over a situation you still see as dark?

Reflection:

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## ★ 3. Weights God Wants to Break

“You have broken the yoke... the bar... the rod.” (Isaiah 9:4)

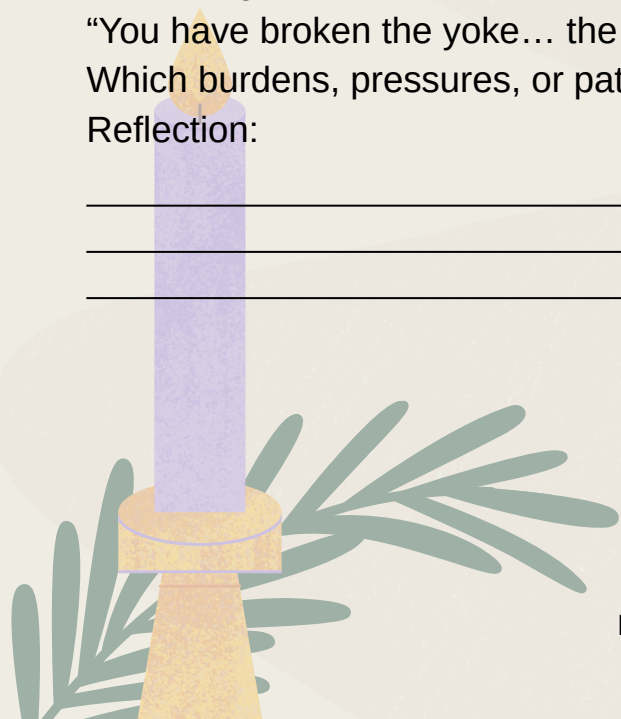
Which burdens, pressures, or patterns in your life need God’s decisive breaking?

Reflection:

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## ★ 4. Small Signs of Hope

“For a child has been born...” (Isaiah 9:6)

Where has hope shown up quietly, unexpectedly, or in small ways?

Reflection:

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## ★ 5. Longing for Peace

“...endless peace... justice... righteousness.” (Isaiah 9:7)

Where in your life or relationships do you long for God’s peace?

Reflection:

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## ★ 6. Resting in God’s Zeal

“The zeal of the Lord will do this.” (Isaiah 9:7)

What would shift in your life if you trusted God’s commitment more than your own striving?

Reflection:

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## ✧ Closing Breath

Take one slow breath.

Let the promise of Isaiah settle in you like warm tea:

“The light is already on its way.”

